

EMCS NEWS



Edward Milne Community School

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Sooke, BC V9Z 1J1
emcs@sd62.bc.ca Ph. 250-642-5211



September 15, 2023

EMCS would like to acknowledge the Coast Salish Territory, specifically we would like to acknowledge T'Sou-ke Nation, who have been gracious enough to share the beautiful land on which EMCS is built. We would also like to acknowledge Scia'new Nation, Nuu-chah-nulth: Pacheedaht Nation, and Métis Nation whom EMCS and District 62 work closely with.



CENQOLEW – THE DOG SALMON RETURN TO EARTH (September)



Important Dates to Remember:

Sept 18	Non Instructional Day -no school
Sept 19	Cafeteria Opening Day
Sept 29	Orange Shirt Day
Oct 1	National Day of Truth & Reconciliation
Oct 2	STAT—Day in Lieu
Oct 2	Custodial Appreciation Day
Oct 3-16	EMCS Clothing Sales
Oct 5	World Teacher Day
Oct 9	STAT—Thanksgiving
Oct 10	PAC Meeting @ 6:30pm
Oct 19	Great BC Shakeout @ 10am
Oct 20	Pro-D Day-no school
Oct 30-Nov 3	Grade 10's Numeracy & Literacy Assessments & Grade 12 Literacy Assessments



EMCS Admin Contacts:

Mike Bobbitt - Principal

mbobbitt@sd62.bc.ca

Todd Powell - Vice-Principal

tpowell@sd62.bc.ca

Students A to L

John Mennie - Vice-Principal

jmennie@sd62.bc.ca

Students M to Z

EMCS Counselor Contacts

Jessica Crocket - Counsellor

jrocket@sd62.bc.ca

Students A to L

Al Phipps - Counsellor

aphipps@sd62.bc.ca

Students M to Z

Lindsey Tribe - International/ELL Support

ltribe@sd62.bc.ca

Please visit our website at:

<https://emcs.web.sd62.bc.ca/about/staff/>

for staff contact information

Access the MyEd BC Family Portal login [here](#)

MyEducation BC (MyEd BC) is a secure student information system set up by the province of BC. Both parents and students have access to the MyEd Family Portal. Instructions for logging on and navigating the Portal can be found [here](#).

If you forget your MyEd BC Portal Password, you can click the 'I forgot my password' link on the [login screen](#) and an email will be sent to you with a new temporary password.

[Family Portal Instructions](#)

[MyEd Log In Tips](#)

[Video tutorial to support accessing the MyEdBC Family Portal](#)

If you need your password reset please email emcs@sd62.bc.ca

Course Change Deadline

The deadline for requesting Semester 1 course changes was on **Friday, September 15**. Semester 2 course changes can be requested by filling out the course change form: <https://emcs.web.sd62.bc.ca/counselling-centre/course-changes/>

Cafeteria Menu for the week of Sept 19-22

Monday Sep 18	Tuesday Sep 19	Wednesday Sep 20	Thursday Sep 21
<i>CLOSED</i>	<i>Macaroni and Cheese with Seasonal Veggies</i>	<i>Pork Tenderloin with Roasted Potatoes and Veggies</i>	<i>Buttermilk fried chicken with Mashed Potatoes and Veggies</i>
~	~	~	~
~	<i>Carrot Ginger Soup</i>	<i>Potato Bacon Cheddar Soup</i>	<i>French Onion Soup</i>
~	~	~	~
~	<i>EMCS Garden Potato Salad</i>	<i>Barley salad</i>	<i>Salad Bar</i>
~	~	~	~
~	<i>Spanikoptita</i>	<i>Onion Rings</i>	<i>Asian phyllo roll</i>
~	~	~	~
~	<i>BLT</i>	<i>Grilled Cheese</i>	<i>Grilled Vegetable Wrap</i>
~	~	~	~
~	<i>Apple Crisp a la Mode</i>	<i>Chocolate Mousse</i>	<i>Carrot Cake</i>
o	o	o	o

Sooke Youth Health Clinics

Wellness Centre @ EMCS

September 6th to December 20th
 Appointments & drop-in available
 250-519-3580

Monday Alternating	Discovery Counselling by appointment only
Tuesday	CLOSED
Wednesday	Public Health Nurse 09:30am to 12:00pm Physician (services vary with availability) 12:00pm to 3:00pm Sep 27 th , Oct 18 th , Nov 8 th & Dec 6 th
Thursdays	CLOSED
Friday Alternating	Discovery Counselling by appointment only

Clients up to 25 years of age*:

Physician Services:

- ✓ Mental health & wellness
- ✓ Illness
- ✓ Sports Injury

Public Health Nurse Services:

- ✓ Birth Control
- ✓ STI testing & treatment (*any age)
- ✓ Sexual decision making and relationships
- ✓ Pregnancy testing and options
- ✓ Pap Tests (*any age)

Youth Clinic @ Sooke Health Unit

(Nursing services by appointment or drop-in)
 250-519-3487
 #104 – 6672 Wadams Way
Fridays 2:00-3:30

Excellent care-for everyone, everywhere, every time

August 2023



Student Opportunities

A promotional poster for an EMCS Clubs Fair. The background is blue. At the top left, a yellow banner says "EMCS" in bold black letters. To its right, the text "YOU'RE INVITED..." is written in yellow. Below this, a large red banner with white text reads "CLUBS FAIR". The event details are listed in bold black text: "WEDNESDAY, SEPT. 27TH @ LUNCHTIME IN THE COMMONS". Below this, a smaller line of text says "Come check out what clubs, sports and activities you can take part in this year at EMCS!". On the right side, there is an illustration of a hand in a yellow suit sleeve holding a red and yellow megaphone, with several black lightning bolts emanating from it. At the bottom left, there is a yellow speech bubble icon containing a question mark, followed by the text "Talk to Ms. Jones in the Library Learning Commons for more info.".

EMCS YOU'RE INVITED...

CLUBS FAIR

**WEDNESDAY, SEPT. 27TH
@ LUNCHTIME
IN THE COMMONS**

Come check out what clubs, sports and activities you can take part in this year at EMCS!

Talk to Ms. Jones in the Library Learning Commons for more info.

Weight room at Lunch

Any students interested in using the weight room at lunch must see the P.H.E. teachers in the gym to **sign up for the Weight Room Google Classroom**.

Weight room will be opened Monday – Fridays at lunch only, 11:35 – 12:05.

You will need to provide your full name and school email address. Time to get pumped!

The EMCS PHE Department is looking forward to welcoming students back into the gym for lunchtime sports this fall!



Here are the guidelines we will be enforcing, to make sure everyone has the opportunity to participate safely in different activities:

- Appropriate clothing and footwear is required to participate at lunch time
- There is no eating lunch, or spectating, in the gym. If you are in the gym space, you must be participating in the activity of the day
- The activity of the day will change and rotate throughout the year, but the sport of the day is the only sport that will be available on that lunch break
- The students must immediately stop playing and clean up when asked by the teacher (at 12:05pm) to allow teachers to get ready for their afternoon class
- There is a google classroom that everyone who wants to be in the gym at lunch needs to join, and they must complete the waiver (google form on the classroom)
- Once they have completed the form they are good to participate in lunch activities. If their behaviour does not follow the rules, they will be removed from the google classroom and will not be allowed in the gym at lunches anymore (until they earn their way back in)
- It's a privilege to be in the gym at lunch, and we hope the students understand that and act accordingly!

GOOGLE CLASSROOM CODE: [y5jbnsr](#)

This is the schedule we will kick off the year with:

Monday:	Volleyball with Ms. Natarelli
Tuesday:	Basketball with Ms. Hawkings
Wednesday:	Soccer with Ms. Barnes
Thursday:	Ultimate with Mr. Dudzik
Friday:	Badminton with Mr. Barrie

Student Opportunities Continued

Volunteers Needed



Canadian
Cancer
Society

The Canadian Cancer Society is offering a virtual volunteer fair the evening of Monday, September 18th at 4 pm. They will cover a variety of volunteer opportunities for students from event planning to advocacy. Go to cancer.ca/volunteerfair for more information.

ALL SOOKE ARTS AND CRAFTS SHOW

Nov 17th, 12pm-7pm
Nov 18th, 10am-5pm
Nov 19th, 10am -4pm



GREETER - Duties include greeting customers & encouraging them to fill out a survey as well as counting attendees on a tally counter.

ELEVATOR ATTENDANT - Operating the elevator when needed.

* Both roles will report to a craft show executive member for attendance number report and elevator operation.

3+ Volunteers requested for 3-4 hour shifts

Please email Kathy at asaacexec@gmail.com before October 10, 2023



The Sooke Autism Support Society (SASS) is seeking a part-time Volunteer from September 2023 – May 2024.

They are looking for an individual who is reliable, organized, has a positive attitude, and wants to be involved in bettering the lives of those with special needs. This position is ideal for an individual who wants to **work or pursue educational opportunities** related to working with those who have special needs, more specifically Autism.

Interested candidates should reach out to us at sooke.sass@gmail.com.



**Royal Canadian Legion Branch 91
Langford, BC
Youth Connections
2023-24 Calendar of Events**



- June & Sept. 2023** *Share Calendar with Schools in Westshore Area
October *Remembrance Poster/Literary Contests Promotion

for more information visit
<https://legionbcyukon.ca/remembrance/youth-remembrance-contest/>
and
<https://www.legion.ca/communities-youth/youth-education/remembrance-contests>

- October** ***Oct. 25** – Legion Poppy Campaign begins – Volunteers wanted (Community Service)
***Oct. 25** - Raising of Poppy Flag at City Halls in Westshore (times TBA)
- November** ***Remembrance Poster/Literary Contests Deadlines** (TBA)
Contact Legion Branch 91 for details
***Nov. 5-11** – Veterans’ Week
***Nov. 11** - Remembrance Day Parade & Ceremony – Veterans’ Memorial Park
***Nov. 13** – Valentines for Veterans (**V 4 V**) Project begins – notices to teachers
***Nov. 24** – Deadline for Registration for Valentines for Veterans (see poster info)
- December** ***Dec. 1** – Deadline for **V 4 V** registration forms to Legion or Youth Coordinator
- January 2024** ***Jan. 15** – Pick up date for Valentines for Veterans from participating schools
- February** ***Feb. 14** – Valentines Day
- April** ***Apr. 1** – Legion Branch 91 Bursary Application Deadline for Grads (see Branch 91 Website)
***April 9** - Vimy Ridge Candlelight Vigil – Veterans Memorial Park – dusk –
(specific time TBA)
- August** Royal Canadian Legion Nation Youth Track & Field Championships (dates TBA)

FOR MORE INFORMATION ON THESE AND OTHER YOUTH CONNECTIONS OPPORTUNITIES VISIT

The For Youth section of Langford Legion Branch 91 website at <https://www.rcl91.ca/general-7>

or call **(250)-478-1828**

or email legion91youthcoordinator@gmail.com

Post Secondary Information for Students

Join the **Post-Secondary & Scholarships 2023-2024 Group** on the Wolverine App

Grade 10 to 12 students (and parents/guardians) interested in learning about post-secondary opportunities and scholarships throughout the year are encouraged to join the **Post-Secondary & Scholarships 2023-2024** group on the EMCS Wolverine App.



University of Victoria Information Session at EMCS

A UVIC recruiter will be at EMCS to share info with EMCS students and parents/guardians.



When: Wednesday, September 20 at 7:00pm

Where: EMCS Theatre

Grade 10 to 12 students and parents/guardians are encouraged to attend to learn about:

- programs
 - admission requirements
 - scholarships
 - student housing
 - university athletics
- the application process



Register here: <https://forms.office.com/r/TYKZKQ2kKn>

You Can Earn 4 Additional Grade 12 Credits from Working

Are you working? Have you completed your Career Life Education 10 course?

If so, you may be eligible to earn 4 grade 12 credits. The Work Experience 12A course is a 4-credit course which can use your work-based hours from your employment to complete the course.

If you are volunteering, these hours can also be used to complete the Unpaid Work Experience 12A course, also a 4-credit course.

If you completed Work Experience 12A and wish to continue in the Work Experience program you may be eligible to take the Work Experience 12B course for an additional 4 credits.

Please contact Mrs. Cossentine lcossentine@sd62.bc.ca, Ms. Sudlow ksudlow@sd62.bc.ca or Mrs. Glanfield mglanfield@sd62.bc.ca if you are interested in earning additional credits.

These credits are ideal to support a scholarship application, or resume.



WHY CAREER ED?

Meet future needs:

The skilled trades are essential to Canada's economy; they offer many exciting and rewarding career opportunities, and are in high demand.

9-12 CAREER EDUCATION OFFERINGS

- Career Education courses (CLE/CLC)
- myBlueprint - training & mentoring
- Skills Canada competitions
- Skilled Trades BC Youth Explore the Trades
 - Skills (STX)
 - Sampler (TASK)
- Skilled Trades BC Youth Work in Trades
- Skilled Trades BC Youth Train in Trades
- Academic Dual Credit
- Work Experience courses
- Women in Trades and Technology
- Career Fairs



SKILLEDTRADESBC

TASK SEMESTER 1

Edward Milne Secondary:

- Metal Trades TASK

Royal Bay Secondary:

- Construction Trades TASK

Belmont Secondary:

- Automotive TASK

NEW!



★ There is still space available in semester 2 Construction TASK.



A comprehensive education and career/life planning program with the tools students need to make the most informed decisions about their future. A perfect tool for your CLE/CLC curriculum!

Lesson plans, tutorials, and webinars are available at: <https://myblueprint.ca/support>

Available to all high school students & teachers!
<https://myblueprint.ca/products/educationplanner>

DISTRICT CAREER EDUCATION LEADS - SECONDARY



Brian & Natalie will be working together to plan and implement all aspects of the career education portfolio for secondary schools.

Brian Hotovy
bhotovy@sd62.bc.ca



We would like to welcome Natalie to the District Career Education team!

She comes to us from Camosun College with a wealth of knowledge within post-secondary.

Natalie Kelt
nkelt@sd62.bc.ca

Brian Hotovy, District Career Education Lead - Secondary

bhotovy@sd62.bc.ca

Natalie Kelt, District Career Education Lead - Secondary

nkelt@sd62.bc.ca

Parent/Caregiver Information

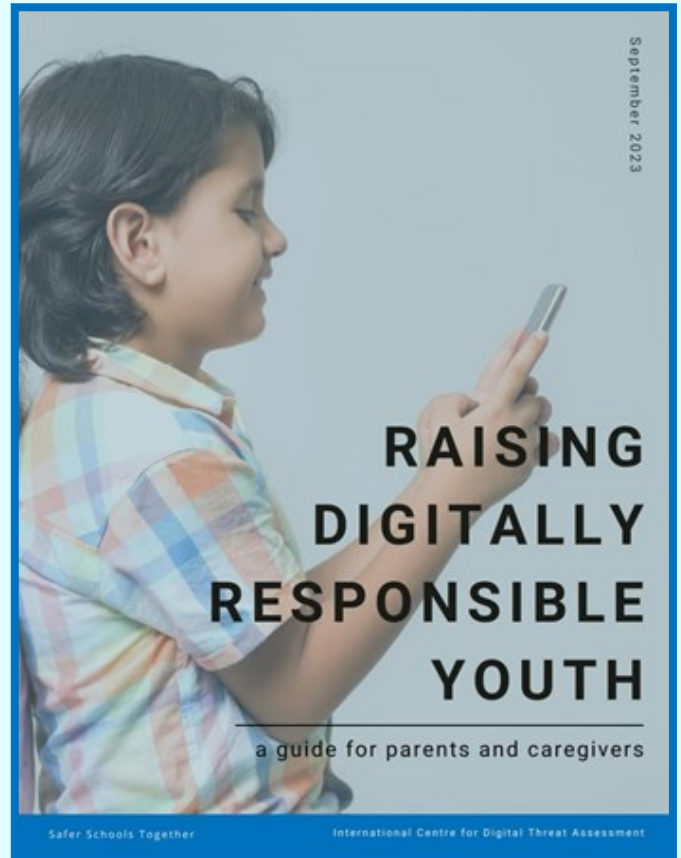
Raising Digitally Responsible Youth:

Parenting is hard, and the rapid rise of technology and social media use in the lives of their kids makes it harder.

To help, we're extending complimentary access to download Raising Digitally Responsible Youth – A Parent's Guide from Safer Schools Together. The guide was designed to help introduce Parents and Caregivers to leading social media platforms, video games, and relevant trends that are either being used already or have the potential to be used by their children.

This guide is full of tips, how-to's and definitions for the most widely used apps – including TikTok, Snapchat, Instagram and more.

A Parent/Caregivers Guide
September 2023
[GET YOUR COPY NOW](#)



Electronic Communication Guidelines

We value effective communication with our families and community members. We encourage our staff to disconnect from work during their personal time to rest and recharge. Email can be a fast and convenient way to communicate with us however, it can have limitations. Therefore, when communicating with staff, our schools and sites, we ask that you please observe the following guidelines: [Electronic Communication Guidelines | Sooke School District \(sd62.bc.ca\)](#)

If you have any questions, please let us know. We're looking forward to a great year at Edward Milne Community School and value your contributions as an important member of our school community.

'intheknow'

Connect and Learn

For families and caring adults who
are parenting a child or youth with
mental health and/or substance
use challenges.

EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'.
WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT
HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR
UNDERSTANDING AND CONNECTION WITH OUR KIDS.

Mental Health and Preparing for the Transition to Post Secondary

It can be an exciting time for our kids when they are deciding how and when to pursue post secondary opportunities after high school. When our young people have had challenges to their mental health this transition can sometimes be met with additional concerns. What can be put in place before school starts? Is it okay to take fewer courses?

Come together with other families to watch this 30 minute video presentation followed by a 45 minute facilitated discussion by a FamilySmart Parent Peer Support Worker.



Cost: Free of Charge



Date(s):

Tuesday, September 12, 2023, 6:00pm (PST)
Wednesday, September 13, 2023, 6:30pm (PST)
Tuesday, September 19, 2023, 6:30pm (PST)
Thursday, September 21, 2023, 12:00pm (PST)
Thursday, September 28, 2023, 6:00pm (PST)

Registration required:

www.familysmart.ca/events





Grade 12 Updates!

Make sure to check the [Grade 12 Timeline](#) for a list of important dates and things to do during your Grade 12 year!

September

- Sign up for the Wolverine app. Follow the Grade 12 thread for important updates.
- If you want to receive announcements about scholarships and post-secondary opportunities, join the Post-Secondary Scholarships class/group on the Wolverine App.
- If you are interested in representing your grad class and supporting the EMCS community, consider joining Leadership 12.
- Have an email account other than your school email account that you can use for scholarship applications, post-secondary applications, the Student Transcripts Services website, etc. Your sd62Learns email account will be de-activated after you graduate.
- Register for a Student Transcripts Service (**STS**) account and check your transcript for accuracy. Look over the **BC Graduation Requirements** and make sure you are on track to graduate. See your School Counsellor if you have questions.
- **Explore options for after high school** e.g. work, travel, college, university, tech school, apprenticeship, ... **Make an appointment to see your School Counsellor** about possible plans and options. Also meet with the Career Centre staff for assistance and to learn about many opportunities.
- Check post-secondary application deadlines and entrance requirements. Online application for many post-secondary schools opens in September. Many Camosun College programs are filled on a first come, first served basis, so it is best to apply early.
- If you plan to attend post-secondary in the USA, you may need to write the SAT or ACT. Register now.
– **SAT**– **ACT**
- If English is not your first language, to apply for post-secondary you may need to register to write one of the following English assessments:– **IELTS** Global Village in Victoria is the nearest IELTS test centre.
– **TOEFL**
- If you are a top academic student, see your School Counsellor regarding some large scholarships that have deadlines in October and November.
- Attendance: Please remember that your school attendance will usually be considered as part of your scholarship and bursary applications. Even if applications do not ask about attendance, any teachers you ask to write reference letters will likely check your attendance. Please make sure that parents/guardians contact the office to excuse your absences if you miss school for a legitimate reason. Absences should be excused in a timely manner.

EMCS PAC Corner

Our Next Meeting is in person at EMCS on
October 10@ 6:30pm



If you want to advocate, support, contribute, advise, assist, or enhance EMCS come to a meeting! No commitment needed, join online or in person, one-hour meetings once a month. PAC can encourage involvement with your community and school. What are you waiting for? It's just a click away.

2023-2024 PAC Executive Members:

President:	Trevor Bligh
Vice President:	Terry Langridge
Treasurer:	Janine Houchin
Secretary:	Danielle Huber
SPEAC Rep (District PAC):	Vacant
Communications Officer:	Vacant



EMCS Society Events and Programs

<https://www.facebook.com/events/148447718283647> **PRO-D Day Hand Building Pottery workshop**

2 different times!! Mon Sept 18th 10 am -12 pm and or 5-7 pm!!

<https://www.emcsprograms.ca/qi-gong> **Qi Gong** Every Tues Sept 19th- Oct 24th

<https://www.facebook.com/events/237437832500528/237441765833468/> **Beginner Photography** Thurs Sept 21st– Oct 26th 6- 7 pm

<https://www.emcsprograms.ca/foodsafefood> **Food Safe** Sat Sep 23rd and Sat Nov 4th 9 am-5 pm

<https://www.emcsprograms.ca/first-aid> **First aid** Sat Sept 30th & Oct 1st 9 am-5 pm

<https://www.emcsprograms.ca/theatrevents> **HOT FLASH COMEDY SHOW** Sat Sep 23rd 7 pm **\$30.00**

<https://www.emcsprograms.ca/instagram-for-business> **Instagram for Business Class** 4 classes Wed nights starting Sept 20th-Oct 11th 6-7:30 pm

<https://www.facebook.com/events/1729128834198838> **Make your own Gemstone Earrings** Wed Oct 11th 7-9 pm

<https://www.emcsprograms.ca/introduction-to-surfboard-crafting> **Intro to Surfboard Crafting** Sat Oct 14th 10 am -2 pm

<https://www.emcsprograms.ca/make-a-christmas-centrepiece> **Make a Christmas Centre-piece** Sat Dec 9th 10 am-12 pm