

Please Contact Aimee McIntosh at the Programs Office
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Food safe Certification

Learn the cause of and how to avoid food borne illnesses through food safety techniques while developing a sense of food safety culture.

Receive BC recognized Certificate from VIHA upon passing final quiz.

Courses run on Sundays: Oct 20th . 9am -430pm. Cost: \$75

Standard First Aid & CPR C Certification

2 Day comprehensive course covers Head, spine, bone and joint injuries, poisoning. A written test is required at the end of 2nd day. Certification is valid for 3 years.

A prerequisite for anyone wanting to become a lifeguard.

Courses Run on Saturday & Sunday: Nov 24-25th . 9am-5pm. Cost: \$155/2days

Guitar for Beginners

Learn the basics in Chording and patterns, fingerstyle exercise and rhythm. Develop the tools to play simple songs from all genres. 6 Week workshop with critically acclaimed singer, songwriter and skilled guitarist, Katrina Kadoski.

Course Runs on Thursdays: Oct 11th – Nov 15th. 7pm-830pm. Cost \$99/6 Classes

Art and Biz : Navigate your course

Looking to take your art to the next level? Know anyone that's a "starving artist"?

Learn the principles of art business development, marketing and promotion, pricing, and even how to reach potential customers.

Course runs on Sunday: Oct 14th. 9am-330pm. Cost \$ 55

Food Chi Fermentation Workshop

Nature's Chef would like to show you some tips and tricks on how to preserve some of your fall harvest! Learn how to make your own sauerkraut and natural soda using local, wild ingredients with help of your own personal chef! Take home ferments included!

Workshop runs Saturday, October 13th – 12pm-4pm. Cost \$80/per person or \$140/for Two.