

**Please Contact Aimee McIntosh at the Programs Office**  
[amcintosh@sd62.bc.ca](mailto:amcintosh@sd62.bc.ca) Or 250-642-6371 for more information

### **Food safe Certification**

Learn the cause of and how to avoid food borne illnesses through food safety techniques while developing a sense of food safety culture.

Receive BC recognized Certificate from VIHA upon passing final quiz.

Courses run on Sundays: Sept 30<sup>th</sup>. 9am -330pm. Cost: \$75

### **Standard First Aid & CPR C Certification**

2 Day comprehensive course covers Head, spine, bone and joint injuries, poisoning. A written test is required at the end of 2<sup>nd</sup> day. Certification is valid for 3 years.

A prerequisite for anyone wanting to become a lifeguard.

Courses Run on Saturday & Sunday: Sept 29<sup>th</sup>-30<sup>th</sup>. 9am-5pm. Cost: \$155/2days

### **Guitar for Beginners**

Learn the basics in Chording and patterns, fingerstyle exercise and rhythm. Develop the tools to play simple songs from all genres. 6 Week workshop with critically acclaimed singer, songwriter and skilled guitarist, Katrina Kadoski.

Course Runs on Thursdays: Oct 11<sup>th</sup> – Nov 15<sup>th</sup>. 7pm-830pm. Cost \$99/6 Classes

### **Art and Biz: Navigate your course**

Looking to take your art to the next level? Know anyone that's a "starving artist"?

Learn the principles of art business development, marketing and promotion, pricing, and even how to reach potential customers.

Course runs on Sunday: Oct 14<sup>th</sup>. 9am-330pm. Cost \$ 55