



## 'intheknow'

## education + networking sessions

## WESTSHORE COMMUNITY SITE



Together-Centred<sup>®</sup> for Child & Youth Mental Health 'in the know' is a monthly networking and information sharing session that explores topics related to child and youth mental health and substance use challenges for families and those working with young people and families.

Participate in person at a community site near you or view a webinar from our library online anytime.

For more information and other topics go to www.familysmart.ca/in-the-know



'in the know' webinars and guest speaker presentations are free of charge.

all are welcome!

Military Family Resource Center-Winnipeg Room, 2610 Rosebank Rd, Victoria

MF ESQUIMALT

"Developing a Family Approach to Conflict Resolution and Problem Solving"

Special Speaker; Lori Frank Mediation & Consulting

Thursday, Oct. 26, 2017 6:30pm – 8:30pm Please RSVP by phone or email to: Lisa.tate@familysmart.ca / 1.855.887.8004

The Institute of Families for Child and Youth Mental Health is proud to be affiliated with HeretoHelp. HeretoHelp is a project of the BC Partners for Mental Health and Addictions Information, a group of non-profit agencies providing good-quality information to help individuals and families maintain or improve their mental well-being. The BC Partners are funded by BC Mental Health and Substance Use Services, an agency of the Provincial Health Services Authority.