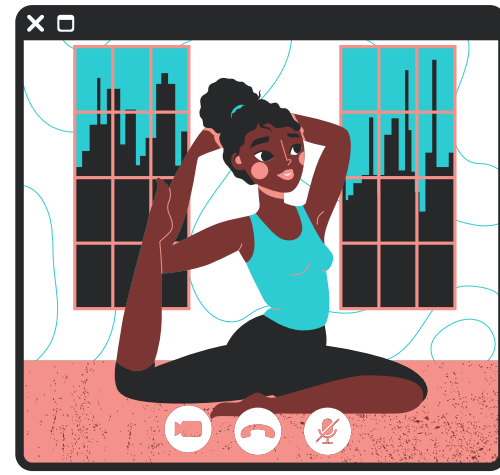


GO GIRLS!



ONLINE YOUTH GROUP

FOR FEMALE IDENTIFYING YOUTH AGED 11-15

What is Go Girls?

This is a fun, safe, virtual program that promotes active lifestyles, reducing stress, self-love/self-care, spreading kindness and improving social connection!

Groups will be sharing recipes, exploring new hobbies together, crafting, learning yoga, playing games & much, much more!

Days & Times

Once a week for 10 weeks

Choose either

Mondays

Tuesdays,

Wednesdays

Thursdays

3:45pm-5:30pm (afternoon)

6:30pm-7:45pm (evening)

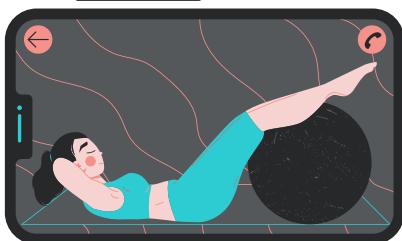
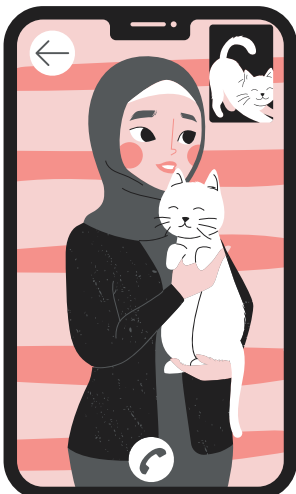
FREE

VIRTUAL,
USING
ZOOM

JOIN
WITH A
FRIEND

FREE
SUPPLY
KIT

GAMES,
CRAFTS
&
MORE!



TO REGISTER, EMAIL TAYLOR @ taylor.watson@bigbrothersbigsisters.ca

OR CLICK HERE TO REGISTER ONLINE

<https://victoria.bigbrothersbigsisters.ca/gogirls/>

Groups will begin 3rd or 4th week of January



Big Brothers Big Sisters
OF VICTORIA AND AREA

This program is run through Big Brothers Big Sisters of Victoria and monitored by trained staff.