

**VANCOUVER ISLAND PARENTS!**

# **PARENTING WITHOUT POWER STRUGGLES**

This 10-week program helps parents of preteens gain confidence, discover practical tips and resources, and find support from other parents

**THURSDAYS, 6:30PM - 8:30PM • STARTING JAN. 14<sup>TH</sup> - MARCH 25<sup>TH</sup>**

**LOCATION: ONLINE PARENTING GROUP**

**COST: BY DONATION**

**TO PRE-REGISTER PLEASE CONTACT:**

**Lisa Hoffman 250-217-4929**

**E: [parentingprograms@bgcvic.org](mailto:parentingprograms@bgcvic.org)**



Boys & Girls Clubs

This program is offered in collaboration with BGC Victoria and BGC Central Vancouver Island.  
BGCC - Parenting Programs are administered under the auspices of Boys and Girls Clubs of Canada.  
Provincially, Parenting Programs are generously funded by the Ministry of Children and Family Development.