

EMCS Menu

Monday
Apr 29

Tuesday
Apr 30

Wednesday
May 01

Thursday
May 02

	Monday Apr 29	Tuesday Apr 30	Wednesday May 01	Thursday May 02
Main	Fettucine Alfredo with Bacon \$5.00	Beef Donairs \$5.00	Chicken Stirfry \$5.00	Pork Tacos \$5.00
Soup	Broccoli soup with wild yeast sourdough \$4.00	French Onion Soup \$4.00	Tuscan Sausage \$4.00	Potato Bacon \$4.00
Salad Bar	Bean Salad \$4.00	Spinach Salad \$4.00	Potato Salad \$4.00	Quinoa and Corn \$4.00
Appetizer	Onion Rings \$3.75	Salmon cakes \$3.75	Pretzel Buns \$3.75	Cauliflower Parmesan Bites \$3.75
Wrap / Sandwich	Blt wrap \$4.00	Grilled vegetable wrap \$4.00	\$4.00	Italian Sub \$4.00
Dessert	Fruit Crumble \$1.50	Raspberry Sorbet \$1.50	Fruit Smoothies \$2.00	Churros \$1.50
Breakfast	Bagel \$4.00	Monte Cristo w/fruit skewer \$4.00	Wrap \$4.00	Breakfast Bowl \$4.00