

emcs menu

Monday
Nov 11

Tuesday
Nov 12

Wednesday
Nov 13

Thursday
Nov 14

Main	closed today	Spaghetti and garlic toast (vegetarian available) \$5.00	Sweet and sour meatballs with Fried Rice \$5.00	Pork curry \$5.00
Soup		Beef barley soup \$3.00	Cream of mushroom soup \$3.00	Turkey noodle soup \$3.00
Salad Bar		Bean salad \$4.00	Kale Caesar \$4.00	Curry potato and yam salad \$4.00
Appetizer		Asian phyllo roll \$3.75	Quinoa kale cakes lemon aioli \$3.75	Samosas with apple chutney \$3.75
Wrap / Sandwich		Veggie burger \$4.00	Blt wrap \$4.00	Beef dip \$4.00
Dessert		Cream puffs \$1.00	Lemon tarts \$1.50	Cheesecake \$2.00
Breakfast		Bagel \$4.00	Wrap \$4.00	Monte Cristo w/fruit skewer \$4.00