

**Please Contact Aimee McIntosh at the Programs Office**  
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**Food safe Certification**

Learn the cause of and how to avoid food borne illnesses through food safety techniques while developing a sense of food safety culture.

Receive BC recognized Certificate from VIHA upon passing final quiz.

Courses run on Sundays: Dec 2nd . 9am -430pm. Cost: \$75

**Standard First Aid & CPR C Certification**

2 Day comprehensive course covers Head, spine, bone and joint injuries, poisoning. A written test is required at the end of 2<sup>nd</sup> day. Certification is valid for 3 years.

A prerequisite for anyone wanting to become a lifeguard.

Courses Run on Saturday & Sunday: Nov 24-25<sup>th</sup> . 9am-5pm. Cost: \$155/2days