

emcs menu

	Monday Oct 22	Tuesday Oct 23	Wednesday Oct 24	Thursday Oct 25
Main	Macaroni and cheese with candied carrots \$5.00	Schnitzel with spaetzel and hunter sauce \$5.00	Thai Chicken satay \$5.00	Beef donair wrap \$5.00
Soup	Chicken noodle soup \$3.00	Corn Chowder \$3.00	French onion soup \$3.00	Tom Yum
Salad Bar	Kale Caesar \$4.00	Devilled eggs \$4.00	Bean salad \$4.00	Tuna salad \$4.00
Appetizer	Nachoes with salsa and sour cream \$3.75	Chicken Wings \$3.75	Hummus and vegetable plate \$3.75	Asian phyllo roll \$3.75
Wrap / Sandwich	Grilled cheese \$3.75	Veggie Burger \$4.00		Chipolte salmon burger \$4.00
Dessert	Apple crisp \$1.50	Lemon loaf \$1.50	Cream puffs \$1.50	Crème brulee \$2.00
Breakfast	Bagel \$4.00	Monte Cristo w/fruit skewer \$4.00	Wrap \$4.00	Classic Breakfast \$4.00